

## **Pleasanton Valley Club Safety Rules and Regulations**

Every member is expected to be aware of all safety rules and regulations. The rules are to be followed during guarded and non-guarded hours. The Pleasanton Valley Club Board of Directors requests that every member cooperate in the collective enforcement of these rules and regulations.

### **Safety Rules**

1. No running on concrete.
2. Diving is only allowed in designated areas. No flips, cannonballs or backward dives. Diving is only allowed from the deck surface. Divers may not dive off of elevated surfaces. (Activities during swim team are an exception)
3. No pushing, shoving, wrestling, chicken fights or sliding down the rails or other unsafe water practices.
4. No personal flotation devices of any kind. Life vests, inner tubes, air mattresses, noodles, kick boards, water wings, or swimsuits with flotation devices sewn in may not be used.
5. No water guns or super soakers.
6. Water balloons are not allowed in the pool.
7. Do not pretend to be in distress.
8. Chewing gum is not allowed in the pool.
9. **No glass is allowed**, including beer and wine bottles. This rule is in effect during guarded and non-guarded hours.
10. Children must be 4 or under to use the baby pool. There is no lifeguard on duty in this area. All children must be under the supervision of an adult at all times.
11. For your own safety do not swim alone.

### **General Health Rules**

1. No spitting on the decks or in the water.
2. Children who are not potty-trained must wear swim diapers.
3. Swimmers may not have open wounds, sores, or infections.
4. Report all injuries to the lifeguard no matter how small.
5. Report all incidences of illness or accidents to the lifeguard.
6. If the facility experiences a power outage, the pool will be cleared.
7. Smoking is not allowed anywhere within the gates of the pool premises.
8. No pets are allowed anywhere within the gates of the pool premises.

### **Conduct Rules**

1. Profanity, vulgarity, or improper behavior will not be tolerated.
2. No loud or disorderly conduct. Any behavior resulting in a police complaint will be reported to the Board of Directors and may result in a loss of key privileges. You are responsible for your guests.
3. Members are responsible for cleaning up their trash and belonging before they leave the club.

### **Disciplinary Procedures**

1. Verbal warning.

2. The lifeguard has the authority to temporarily suspend pool privileges.
3. Suspension. An incident report will be submitted to the Board of Directors.

### Pool Regulations

1. The pool is not available for use during morning swim team. Please check the website or pool office for times.
2. Guests and children under the age of 18 must be under the supervision of an adult member during non-guarded hours. Each minor child that is a member may have no more than 2 guests at a time. Swim at your own risk. It is the responsibility of the host member to make sure all rules and regulations are enforced.
3. Children under the age of 7 may not be at the pool during guarded hours without supervision.
4. Children between the ages of 7 and 12 may request to be testes for swimming ability, allowing them to come to the pool during guarded hours without supervision of an adult.
5. The shallow corner of the pool is primarily intended for non-swimmers.
6. During guarded hours the pool will be cleared 15 minutes of each hour for an “adult swim.” Members and guests 16 and over may swim during this time. Infants (under 24 months) may accompany their parents during adult swim.
7. Members are required to pay a guest fee for each guest accompanying them into the facility. Guests 7-12 years of age at the pool without an adult are also expected to pass the swimming test. Parents are responsible for the conduct of any junior guests.
8. Childcare providers may accompany children to the pool. They must be over the age of 16 and they may not bring friends.
9. Only authorized personnel are allowed in the pool office and pump room.
10. Facility keys must remain in the members’ possession and may not the loaned to anyone. Members caught loaning or sharing their memberships will lose their memberships.
11. It is the responsibility of the person entering the gate to immediately close it. **Do not prop open the gate at any time.** Members who are negligent in this manner will be fully responsible for any problems, injuries, or tragedies that may result from unlawful entry into the facility.
12. During non-guarded hours please be sure to lock the restrooms if you are the last to leave the premises.
13. All organized group events and parties must be cleared with the business office. This applies during guarded and non-guarded hours. Groups of less than 20 that have minor children attending (birthday party, baseball, etc.) require one lifeguard. Members holding non-authorized parties will be billed.
14. Bike riding, skateboarding, and rollerblading are not allowed in the gated area at any time.

**Violation of these rules and regulations may result in disciplinary action by the Board of Directors.**

Signed and dated by all adults in household:

\_\_\_\_\_

\_\_\_\_\_